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# Platos Principales: Main Dishes, Spanish-Language Edition (Coleccion Williams-Sonoma) (Spanish Edition)



## Synopsis

A healthy diet, low in fat and rich in fiber, protein, and complex carbohydrates is a much more appealing prospect with these satisfying entrées. Hearty main courses like Honey Glazed Lamb Chops with Apricot Salsa, Quail with Roasted Fresh Figs, or Tabbouleh with Lemony Scallops showcase minimally processed and seasonal ingredients at their most delicious.

## Book Information

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